

## **TRAINING GOLF CLUB**

### **Abstract of the Disclosure**

A training golf club that is used when practicing a golf swing or hitting golf  
5 balls on a practice range. The training golf club is provided with a shaft that has  
two weights added into the shaft, thereby allowing the club to assist the golfer in  
producing a golf swing that is in a plane and has a fluid tempo to improve the golf  
swing effectiveness. A first weight is preferably added internally in the club shaft  
between the grip and the head end of the shaft, and a second weight is  
10 preferably added internally at the head end of the shaft where the shaft attaches  
to the club head.